Food, Cosmetics, and Nutraceuticals Committee’s FCN Digest

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Dear Readers,

Please find below the latest Food, Cosmetics, and Nutraceuticals Committee’s FCN Digest. Every other week, the FCN Digest will provide you with significant developments and updates in the food, cosmetics, and nutraceuticals arena. Please feel free to contact us at the listed email addresses with any questions, comments, or contributions that you may have regarding the FCN Digest.

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FOOD

Clif Bars Recalled After Consumer Complaints of Allergic Reactions.
Clif Bar and Co. has issued a voluntary recall of three flavors of Clif Bars due to undeclared nuts and consumer reports about allergic reactions. The recalled products include Clif Kid Zbar Protein Chocolate Mint, Clif Builder’s Bar Chocolate Mint, and Clif Kid Zbar Chocolate Chip flavors.


COSMETICS

Side Effects from Cosmetics are Rising.
Cosmetics are distinct from drugs or medical devices in that manufacturers are not required to report adverse events. However, research obtained and published in JAMA Internal Medicine revealed a total of 5,144 adverse events from 2004 to 2026, or an average of 396 events per year. This number spiked between 2015 and 2016 with 706 and 1,591 events, respectively. The primary reason for the increase was attributed to complaints regarding WEN by Chaz Dan Cleansing Conditioners. Researchers noted that broader reporting from manufacturers is necessary to begin improving the safety of these products.


NUTRACEUTICALS

American Medical Association Supports More Choline in Prenatal Vitamins
The American Medical Association (AMA) supports an increase of choline in all prenatal vitamins to 450 mg/day, which is the recommended daily choline intake for a pregnant woman. According to a study published in 2016 by the University of Illinois at Chicago, none of the top 25 prenatal multivitamins contain the appropriate daily dose of choline. Choline plays a vital role in cognitive development of the infant.


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