

2006 NABE Communications Section Workshop

**RISING TO THE TOP OF
BAR COMMUNICATIONS**

*October 11 - 14, 2006
Albuquerque, New Mexico*

PLENARY

Wednesday, October 11, 2006

**Courageous
Leadership**

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Courageous Leadership

Presented by:
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Introductions

15 second elevator speech

- Name
- What do you do?
- Role you playwork at?
- Courage is...



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Agenda

- Ground Rules
- Introductions
- Objectives
- Activity
- Behaviors/Guiding Principles
- Conversation Lab
- Action Planning

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Objectives



- Seek collective wisdom around this challenge of courageous leadership

We hope to get to:

- Discover how to overcome fear
- Explore how to speak truthfully
- Achieve lasting and positive outcomes for you and your organization

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Visualization



- Recall a moment in your work life when you were proud of yourself for stepping out and being courageous.
- Relive that experience, visualize it, and determine the specific competency or behavior you used to make a difference.
- This was your COURAGE at work.
- Share with a partner.
- Capture the behavior or competency on a flipchart.

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Visualization II



- Now think about a time when courage was not called upon.
- This was a missed opportunity that can never be reclaimed.
- Think about how the outcome could have been different if you had acted out of COURAGE.
- Could your life be different now if action was taken?

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Definition



- Old French word: **Corage**, meaning heart and spirit
- Webster's: mental or moral strength to venture, persevere and withstand danger, fear or difficulty.

Synonyms

- Mettle: suggest an ingrained capacity for meeting strain or difficulty with fortitude and resilience.
- Spirit: suggest a quality of temperament enabling one to hold one's own or keep up one's morale when opposed or threatened.
- Resolution: stresses firm determination to achieve one's end.
- Tenacity: adds to implications of stubborn persistence and unwillingness to admit defeat.

What does it take to be courageous?



Examples of Courageous Leadership



Courageous Behaviors

- Speaking the truth
- Asking the hard questions
- Being able to say "no"
- Chartering a new path
- Taking a risk
- Revealing vulnerability
- Making sacrifices



Conversation Lab



Partner with someone new.

- Think about a difficult conversation that you recently had?
- Looking back on it today, how would you have done it differently?

Activity



- State your intent to claim your courage.
- AM I ACTING COURAGEOUSLY?
- What can you tell yourself that will support you in being courageous.
- One step further: What would it take for your team, group or organization to act more courageously?
- Write it down on a 3x5 card and write down your address on the envelope and we will mail your card to you in a few weeks as a reminder of your intent.

Honorable close



Share with a partner

- Start acting more courageously
- Think of one insider gem, confirmation or something you collected today.



**"To be courageous,
you must pass
through the fear."**

- Todd Wilkerson

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